



School District of Shiocton  
N5650 Broad Street  
P.O. Box 68  
Shiocton, WI 54170-0068  
Return Service Requested

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## 4K is FOUR DAYS; TRAP SHOOT APPROVED

Earlier this summer, the Board of Education approved the expansion of the District’s 4K program to four full days per week.

“Growing our 4K program to four full days per week was the next natural step in ensuring a quality education is provided to all of our learners,” noted Nichole Schweitzer, District Administrator. Data digs revealed that students attending the current schedule of two days per week would experience pre-academic and social/emotional instruction a maximum of 72 days. The normal school year is 178—180 school days. This lack of attendance coupled with academic gaps identified through assessments drove the request to grow the 4K program. “Between COVID absences, general illnesses, and days off in the school calendar due to professional development and holidays, some students only attended 56—62 days. The gaps in attendance naturally result in gaps in instruction, which creates gaps knowledge and overall readiness for learning as a kindergartner.”

Understanding that some 4-year-old children may not be ready for four full days, the Board also approved a four-

## FACILITY STUDY UNDERWAY

At the July 18, 2022 Board of Education meeting, the Board unanimously approved hiring the firm of Hoffmann Planning, Design, and Construction to conduct a full-scale facility study for the School District of Shiocton.

The purpose of the Facility Study is two-fold. First, the study will provide an in-depth look at current capacity of the structure, systems, and programs. Second, the study will provide a list of areas in need of improvement, as well as opportunities for growth based upon a Priority Matrix that takes into account the return on investment in categories such as stu-

half-day option whereby parents can enroll their child in 4K for just the four mornings: 7:57—11:15AM, Monday through Thursday. While students can participate in the district sponsored transportation for the AM trip into school, parents are responsible for transporting the child at the end of the half day (11:15AM).

The Board of Education also heard from several members of the high school Trap Shoot team, which saw a very successful pilot year. Students shared with the Board what they had learned through the sport. Coach Schley spoke to the strong level of interest and the skill development seen over the course of the season, which included a Conference Championship for both the junior varsity and varsity teams. The Board unanimously voted to approve the Trap Shoot Team as an official co-curricular offering in the high school athletic department beginning with the 2022-2023 school year.

The next Board meetings are scheduled for August 1 and August 15. Meetings are held in H139 and begin at 6:00PM.

dent learning, safety/security, and financial impact.

### Next Steps

Hoffmann is currently conducting an analysis of our structure and systems, including foundation, walls, roofing, HVAC, plumbing, electrical, security, and network infrastructure.

In August, representatives from Hoffmann will meet with staff members as they seek their input related to needs, wants, ideas, and suggestions. Too, representatives from Hoffmann will hold Listen and Learn session for community members. See Page 2 for dates and times of the planned community listening sessions.

## REGISTRATION FOR 2022-2023 SCHOOL YEAR BEGINS

Registration for the 2022-2023 school year with run August 2—12, 2022. The online registration can be completed through Skyward’s Family Access. Instructions for the online registration can be found on the Registration Information link under the “DISTRICT HOME” option on the website (<https://www.shiocton.k12.wi.us/district>) or by visiting <https://www.shiocton.k12.wi.us/district/registrationinformation.cfm>.

### IN PERSON ASSISTANCE

For parents seeking assistance with the registration process, including families new to the school or those in need of interpreter support, in person assistance will be provided:

**Tuesday, August 9: 4:00PM—7:30PM**

**Wednesday, August 10: 9:00AM—12:00PM**

**Thursday, August 11: 4:00PM—7:30PM**

To sign-up for a time slot visit:  
<https://signup.com/go/CWEmOvL>

### FREE and REDUCED MEALS

Please continue to complete the application for Free and Reduced Meals. In addition to the financial benefit that the FARM program may provide for your family, the school district also sees a financial benefit as many of the federal programs base the funding we receive on the number of families that qualify for free and reduced meals. Thus, your application is “doubly” beneficial. To learn more, visit: <https://dpi.wi.gov/school-nutrition/program-requirements/free-reduced-meal-eligibility/applications>

### QUESTIONS

Please contact the school office with questions: Elementary Office x721; MS/HS Office x782.

YOU ARE INVITED TO ATTEND

# Facility Study Listen & Learn

**Thursday, August 18, 2022**

**Monday, August 22, 2022**

**Wednesday, September 7, 2022\***

**6:30 – 8:00PM**

**Library Media Center**

Three sessions are planned. Community members can choose the meeting date/time that works best for them.

\* Specifically designed for parents of children enrolled in SCCC through Gr 12

## AGENDA

1. Welcome and Introductions
2. Facility Study Overview
3. Group Discussion
4. Next Steps
5. Wrap Up

## OPEN HOUSE

The School District of Shiocton is pleased to offer parents and students an opportunity to visit their classroom and put away their school supplies during our Open House:

**Wednesday, August 24**  
**from 4:30PM—6:00PM**

## School Year 2022-2023

Dear Parent or Guardian:

We are committed as ever to the academic success of all of our students. The School District of Shiocton needs your help to make sure all of our students are fully prepared for academic success. We all know that hungry children have a more difficult time doing their best work. That is why we encourage all students to begin the school day with a nutritious breakfast.

The School Breakfast Program is available to all students to purchase every school day from 7:30 a.m. - 7:50 a.m. You do not have to register your child in advance. Your child can eat breakfast at school every day or occasionally. School breakfast makes good sense-it provides  $\frac{1}{4}$  of your child's nutritional needs, meets Dietary Guideline recommendations, and offers children a chance to eat breakfast with their friends.

School Breakfast is an ideal solution on busy mornings when kids are running late or parents have to be at work early. Oftentimes, kids are not hungry when they first wake up, but are ready to eat when school begins. Whatever the reason, if breakfast at home is not convenient, please have your child take advantage of breakfast here at school. Studies have shown that children who eat a nutritious breakfast have better behavior, better attendance, and improved test scores.

Thank you for helping us to make sure that all of our students start the day alert, well fed and ready to learn.

Sincerely,  
Debbra Danke

## IMPORTANT DATES

8/1	<b>SCHOOL BOARD MEETING—6:00PM</b>
8/2	<b>Online Registration Opens</b>
8/9	<b>In-person Registration Assistance 4:00PM—7:30PM</b>
8/10	<b>In-person Registration Assistance 9:00AM—12:00PM</b>
8/11	<b>In-person Registration Assistance 4:00PM—7:30PM</b>
8/12	<b>Online Registration Closes</b>
8/15	<b>SCHOOL BOARD MEETING—6:00PM</b>
8/24	<b>Open House 4:30PM—6:00PM</b>
8/29	<b>First Day of School</b>
9/2	<b>NO SCHOOL</b>
9/5	<b>NO SCHOOL—Labor Day Holiday</b>



**School District of Shiocton**  
 N5650 Broad Street P.O. Box 68  
 Shiocton, WI 54170  
 (920) 986-3351  
 FAX (920) 986-3291  
 www.shiocton.k12.wi.us

NICHOLE SCHWEITZER  
 Superintendent

NICK ORTLIEB  
 Principal Grades 7-12

KIM GRIESBACH  
 Principal Grades PK-6

KELLY THIEL  
 Special Education Director

MICHAEL SIPPERT  
 Business Manager

**School Board**

- President:* Bradley Ritchie  
Town of Ellington
- Vice President:* Jeremie Birch  
Town of Bovina
- Clerk:* David Gomm  
Village of Shiocton
- Treasurer:* Mike Bellin  
Village of Shiocton
- Member:* Stacey Warning  
Town of Ellington
- Member:* Aaron Pluger  
Town of Bovina
- Member:* Melinda Hofacker  
Town of Maine

*All residents of the school district are welcome to attend board meetings to keep informed on school issues or to voice any concerns they may have.*

*The Link is published monthly, from September through June and can be viewed at www.shiocton.k12.wi.us.*

*If you do not have Internet access, you may request a copy by mail by calling (920) 986-3351 ext. 700. Submit any articles for publication by mail to the school address or by e-mail to: thelink@shiocton.k12.wi.us.*

*The Shiocton School District does not discriminate on the basis of race, sex, color, age, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability.*

**ANNUAL NOTICE to Parents and Guardians per 2015 Act 55  
 For the 2022-2023 School Year**

**ACADEMIC STANDARDS**

The School District of Shiocton will continue to implement the Wisconsin Academic Standards and Wisconsin Model Early Learning Standards. Specifically, for the following content areas where revisions have been made or are pending, the District will implement standards from the year noted:

- Mathematics – 2010
- English Language Arts – 2010
- Personal Financial Management – 2006
- Physical Education – 2010
- Reading – 2011
- Social Studies – 2018 (MS/HS)

Details of these standards can be viewed at: <http://dpi.wi.gov/standards> and <http://dpi.wi.gov/sites/default/files/imce/fscp/pdf/ec-wmels-rev2013.pdf> respectively. You will find additional information at: <http://dpi.wi.gov/standards/guiding-principles> and <http://dpi.wi.gov/standards/literacy-all-subjects>.

**SCHOOL/DISTRICT ACCOUNTABILITY**

Each year, the Wisconsin Department of Public Instruction provides report cards and public performance reports for all public schools and districts in Wisconsin. Parents/guardians can request copies of these reports. Assessment results from the Forward Exam, the ACT, ACT Aspire, and others are available for review through the WISEDash Public Portal, which can be accessed at: <http://wisedash.dpi.wi.gov/Dashboard/portalHome.jsp>. Too, you can access the report cards on our District website at: [https://www.shiocton.k12.wi.us/district/school\\_perf\\_rpt.cfm](https://www.shiocton.k12.wi.us/district/school_perf_rpt.cfm).

**EDUCATIONAL OPTIONS**

The School District of Shiocton is focused on providing a quality education with a variety of options to all students enrolled. The District’s traditional pathway of education begins with 4-year-old kindergarten and ends with 12 th grade; all course work planned meets state standards and is designed in a comprehensive manner to lead the student towards earning a high school diploma.

The District’s schools include Shiocton Elementary School (Grades ECH – 8) and Shiocton High School (Grades 9 – 12).

In addition to the traditional, high quality education offered within our classrooms, Shiocton School District seeks to provide educational options to meet the diverse needs and interests of its students. Options include:

- CAPP/PIE courses (college credits) through St. Norbert College, UWOC, UWW, and other UW system schools
- Transcript and Advanced Standing courses through FVTC (tech college credits or advanced standing)
- Microsoft TEALS Computer Science courses
- Career Pathway courses and Industry-standard certifications through CTE courses
- Telepresence, Blend-ed, and Virtual courses
- Youth Options & Part-time Enrollment
- Youth Apprenticeships
- 66.0301 enrollment agreements between school districts
- Other: open enrollment; private schools within 5-mile radius; part-time enrollment for homeschooled students

If you are interested in learning more about these educational options, please contact Mrs. Sandee Cornell, MS/HS Counselor (x711); Mrs. Dannielle Kern, ES Counselor (x762); Mrs. Kim Griesbach, ES Principal (x747); Mr. Nick Ortlieb, MS/HS Principal (x751), or Mrs. Nichole Schweitzer, District Administrator (x761).

**CHILD CARE PROGRAM**

The School District of Shiocton hosts an on-site child care center for children ages 6-weeks to 8-years-of-age. Parents seeking a balance of pre-academic learning with social, emotional, and interpersonal development are encouraged to enroll their child(ren) in Shiocton Child Care Center (SCCC). To learn more about SCCC, visit the District’s website (<https://www.shiocton.k12.wi.us/child-care/>).

**SPECIAL EDUCATION VOUCHER PROGRAM (Special Needs Voucher Program)**

For details regarding the State’s special education voucher program, visit <http://dpi.wi.gov/sms/special-needs-scholarship>.

Approved 06/20/2022

This is the public release that we will send to: Seymour Advertiser, The School News Paper, Colwitz Gas Station, Mini Mart Gas Station sent on August 1, 2022.

**RELEASE STATEMENT**

The School District of Shiocton today announced its policy for children unable to pay the full price of meals served under the National School Lunch Program and School Breakfast Program or milk for split-session students served under the Special Milk Program. Each school office and the central office has a copy of the policy, which may be reviewed by any interested party.

The following household size and income criteria will be used for determining eligibility. Children from families whose annual income is at or below the levels shown are eligible for free and reduced price meals or free milk if a split-session student does not have access to the school lunch or breakfast service.

**FAMILY SIZE INCOME SCALE  
For Determining Eligibility for Free and Reduced Price Meals or Milk**

Family (Household) Size	ANNUAL INCOME LEVEL		MONTHLY INCOME LEVEL	
	Free <i>Must be at or below figure listed</i>	Reduced Price <i>Must be at or between figures listed</i>	Free <i>Must be at or below figure listed</i>	Reduced Price <i>Must be at or between figures listed</i>
1	\$17,667	\$ 17,667.01 and \$25,142	\$ 1,473	\$1,473.01 and \$2,096
2	23,803	23,803.01 and 33,874	1,984	1,984.01 and 2,823
3	29,939	29,939.01 and 42,606	2,495	2,495.01 and 3,551
4	36,075	36,075.01 and 51,338	3,007	3,007.01 and 4,279
5	42,211	42,211.01 and 60,070	3,518	3,518.01 and 5,006
6	48,347	48,347.01 and 68,802	4,029	4,029.01 and 5,734
7	54,483	54,483.01 and 77,534	4,541	4,541.01 and 6,462
8	60,609	60,609.01 and 86,266	5,052	5,052.01 and 7,189
For each additional household member, add	+ 6,136	+ 6,136 and +8,732	+ 512	+ 512 and + 728

Application forms are being sent to all homes with a notice to parents or guardians. To apply for free or reduced price benefits or free milk, households must fill out the application and return it to the school (unless notified at the start of the school year that children are eligible through direct certification). Additional copies are available at the office in each school. The information provided on the application will be used for the purpose of determining eligibility and may be verified at any time during the school year by agency or other program officials. Applications may be submitted at any time during the year.

To obtain free or reduced price benefits or free milk for children in a household where one or more household members receive FoodShare, FDPIR, or Wisconsin Works (W-2) cash benefits, list the FoodShare, FDPIR or W-2 case number, program name, list the names of all school children, sign the application, and return it to the school office.

For the school officials to determine eligibility for free or reduced price benefits or free milk of households not receiving FoodShare, FDPIR or W-2 cash benefits, the household must provide the following information requested on the application: names of all household members, total number of household members, and the adult signing the application form must also list the last four digits of his or her Social Security Number or mark the box to the right of "Check if no SSN". Also, the income received by each household member must be provided by amount and source (wages, welfare, child support, etc.).

Under the provisions of the free and reduced price benefit/meal and free milk policy Debra Danke Nutrition Program Director N5650 Broad Street P.O. Box 68 Shiocton WI 54170 920-986-3351 x816

will review applications and determine eligibility. If a parent or guardian is dissatisfied with the ruling of the official, he/she may wish to discuss the decision with the determining official on an informal basis. If the parent/guardian wishes to make a formal appeal, he/she may make a request either orally or in writing to: Nichole Schweitzer District Administrator N5650 Broad Street O.O. Box 68 Shiocton, WI 54170 920-986-3351 x761 \_\_\_\_\_.

If a hearing is needed to appeal the decision, the policy contains an outline of the hearing procedure.

If a household member becomes unemployed or if the household size changes, the

family should contact the school. Such changes may make the household eligible for free or reduced price benefits or free milk if the household income falls at or below the levels shown above, and they may reapply at that time.

Children formally placed in foster care are also eligible for free meal benefits. Foster children may be certified as eligible without a household application. Households with foster children and non-foster children may choose to include the foster child as a household member, as well as any personal income available to the foster child, on the same application that includes their non-foster children.

The information provided by the household on the application is confidential. Public Law 103-448 limits the release of student free and reduced price eligibility status to persons directly connected with the administration and enforcement of federal or state educational programs. Consent of the parent/guardian is needed for other purposes such as waiver of textbook fees.

**Non-discrimination Statement:**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or

retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

**DISTRICT EARNS PROJECT ADAM  
SCHOOL SAVE HEART CERTIFICATION  
AGAIN**

School nurse, Amy Austin, was pleased to receive word that the School District of Shiocton had once again earned the Project Adam School Save Heart certification. The certification is earned by schools who have implemented a quality sudden cardiac arrest program. That program must include training in CPR and AED machines, as well as building awareness of cardiac arrest and maintaining an effective emergency response team to ensure a safe environment for students, staff, and visitors.

Mrs. Austin oversees a staff-based emergency response team comprised of school personnel. Team members maintain their CPR and AED certification and train multiple times throughout the school year to keep their skills and knowledge up-to-date.

Congratulations to Mrs. Austin and all of our emergency response team members on earning this recognition.



# Child Development Days

## What is Child Development Days?

A free preschool screening opportunity for children ages 3 – 4 who reside within the School District of Shiocton. The purpose of the developmental screening is to:

- ❖ Assess children's developmental progress.
- ❖ Provide parents with awareness of child growth and development issues.

## Who is Eligible to Participate?

- ❖ Children who are ages 3 – 4 not enrolled in 4K.
- ❖ Children who have not previously participated in Child Development Days.
- ❖ Children who reside in the School District of Shiocton.

## When is Child Development Days?

The child development screening days are scheduled on the following dates and times. The screening process is completed within approximately one hour.

**October 4, 2022 (3:30pm-6:30pm) \*RSVP by 9/27/22**

**October 7, 2022 (8:30am-3:00pm) \*RSVP by 9/27/22**

**January 10, 2023 (3:30pm-6:30pm) \*RSVP by 1/3/23**

**February 28, 2023 (3:30pm-6:30pm) \*RSVP by 2/21/23**

**March 3, 2023 (8:30am-3:00pm) \*RSVP by 2/21/23**

## Where is Child Development Days?

The Child Development Days screenings are held at Shiocton Elementary School located at N5650 Broad Street, Shiocton, WI 54170.

## What Happens at Child Development Days?

Your child will be screened in a relaxed and friendly setting in the areas of Communication, Personal-Social, Motor and Academic Readiness. When the screening process is completed, a school professional will share the results with parents and address any concerns. The entire screening process is completed within approximately 1 hour.

## How Can I Register for Child Development Days?

Phone reservations for a reserved time slot for your child's screening can be made by contacting Rose at (920) 986-3351 Ext 764. Parents are required to call for a reserved screening appointment.

Hope to see you there!

## TWO ATTEND CONSERVATION CAMP

In June, middle school students Callista Freeman and Emma Gooding attended the Wisconsin Land and Water Conservation Camp.

A big THANK YOU to Shadows on the Wolf for sponsoring the students' attendance at the camp. Thank you also to an anonymous donor who provided the students with spending money. Look for more information about their experience in an upcoming edition of [The Link](#).

## SUDDEN CARDIAC ARREST

Sudden cardiac arrest is the leading cause of death in young athletes while training or participating in sport competition. Even athletes who appear healthy and have a normal preparticipation screening may have underlying heart abnormalities that can be life threatening.

### What is Sudden Cardiac Arrest?

1. Occurs suddenly and often without warning.
2. An electrical malfunction (short-circuit) causes the bottom chambers of the heart (ventricles) to beat dangerously fast (ventricular tachycardia or fibrillation) and disrupts the pumping ability of the heart.
3. The heart cannot pump blood to the brain, lungs and other organs of the body.
4. The person loses consciousness (passes out) and has no pulse.
5. Death occurs within minutes if not treated immediately.

### What are the symptoms/warning signs of Sudden Cardiac Arrest?

1. Fainting/blackouts (especially during exercise)
2. Dizziness
3. Unusual fatigue/weakness
4. Chest pain
5. Shortness of breath
6. Nausea/vomiting
7. Palpitations (heart is beating unusually fast or skipping beats)
8. Family history of sudden cardiac arrest at age < 50

ANY of these symptoms/warning signs that occur while exercising may necessitate further evaluation from your physician before returning to practice or a game. \*\* Note that a student-athlete who exhibits unexplained fainting may be SCA because it is the number one warning sign of a potential heart condition. \*\*

There is potential for effective secondary prevention of sudden cardiac death by having automated external defibrillators (AEDs) easily accessible and trained staff available. The presence of trained individuals and access to AEDs at sporting venues provides a potential means of early defibrillation, not only for athletes but also for spectators, coaches, officials, event staff and other attendees in the case of sudden cardiac arrest.

It is advisable to have an [Emergency Action Plan](#) in place for all sport practice and competition sites that outlines the plan of action in case of the sudden collapse of an athlete. It is advisable to review and practice the emergency action plan with respective school personnel, coaches, on site medical personnel and local EMS.

**Time is Critical:** If not properly treated within minutes, SCA is fatal in 92% of cases.

### Basic actions include:

1. Have a cell phone available at all venues
2. Immediately activate EMS
3. Immediately initiate continuous CPR (push hard, push fast, push often)

Your school's medical personnel (team physician, licensed athletic trainer, school nurse) and/or local EMS may wish to assist in the development and implementation, if not already in place, of the [emergency preparedness plan](#) for the management of the collapsed athlete. the "Inter-association task Force recommendations on emergency Preparedness and Management of sudden cardiac arrest in high school and college athletic Programs; a "consensus statement" is one source of guidance as to the development and implementation of an emergency action plan for the

management of sudden cardiac arrest in an athlete.

### What are ways to screen for Sudden Cardiac Arrest?

1. The American Heart Association recommends a pre-participation history and physical including 12 important cardiac elements.
2. The WIAA Pre-Participation Physical Evaluation – Medical History form includes ALL 12 of these important cardiac elements and is mandatory bi-annually.
3. Additional screening using an electrocardiogram and/or an echocardiogram is readily available to all athletes, but is not mandatory.

## SUDDEN CARDIAC ARREST VS. HEART ATTACK

	Sudden Cardiac Arrest (SCA)	Heart Attack
<b>Definition</b>	SCA is a chaotic electrical condition of the heart resulting in the loss of blood flow to the brain and body. The most common form of SCA is ventricular fibrillation.	The medical term for a heart attack is myocardial infarction: a blockage of the coronary arteries leading to a decrease in blood flow. When this happens, the heart muscles die or become permanently damaged.
<b>Causes</b>	Electrical impulses of the heart become chaotic due to a blow to the chest or other (sometimes-unknown) health-related issues. As a result, the heart stops beating regularly and begins to flutter rapidly.	Plaque made of cholesterol and other cells builds up in the walls of the heart's arteries. When the buildup is great enough, the plaque creates a blockage, known as an occlusion, which restricts the blood supply to the heart muscle.
<b>Symptoms</b>	Typically, there are no symptoms to SCA. Usually, the first indication of SCA is when the victim faints. The second sign is breathing cessation.	Warning signs of heart attack include a tightening feeling in the chest, a sore or numb left arm, lower back, neck, and/or jaw. Other signs include bad indigestion, a feeling that something heavy is sitting on your chest, and shortness of breath.
<b>Victim's Response</b>	A sudden cardiac arrest victim always loses consciousness from lack of oxygen.	The victim of a heart attack is usually conscious and alert.
<b>Risk of Death</b>	A victim of SCA will die unless treated. If left untreated, the chances of survival decrease by 10% per minute. Typically, permanent brain damage occurs within 5-7 minutes.	Most victims can recover fully and lead normal lives, but about a third of heart attacks are deadly. A heart attack can lead to sudden cardiac arrest.
<b>Treatment</b>	The only treatment for SCA is defibrillation from an automated external defibrillator (AED). A shock from the AED stops the chaotic electrical activity and allows the heart's sinus node to resume a normal electrical impulse.	One treatment of a heart attack can be angioplasty, which opens up the blocked vessels with a medical balloon. Afterwards, a stent can be placed in the artery to help keep it open. Other treatments include clot-busting drugs called thrombolytics or nitroglycerin to reduce chest pain.

Source: <http://www.aedbrands.com/resource-center/education/heart-attack-vs-sudden-cardiac-arrest/>

### More websites to mention:

<https://dpi.wi.gov/sped/program/tbi/concussion>

<https://dpi.wi.gov/administrators/e-mail/sudden-cardiac-arrest-youth-athletic-activities-0>

## OPEN HOUSE

The School District of Shiocton is pleased to offer parents and students an opportunity to visit their classroom and put away their school supplies during our Open House:

**Wednesday, August 24  
from 4:30PM—6:00PM**

# 2022 Hortonville/Shiocton Flag Football League

Hortonville is hosting a coed youth flag football league on Saturday mornings at the Hortonville High School stadium for players in Grades K through 7<sup>th</sup>. The league will play for 7 weeks starting on Saturday, September 10<sup>th</sup>, 2022.

\*Shiocton players will be on Shiocton teams and practices will be in Shiocton.

**Game Times:** K & 1 @ 8am - 2<sup>nd</sup>&3<sup>rd</sup> @ 9am - 4<sup>th</sup>&5<sup>th</sup> @ 10am - 6<sup>th</sup> and 7<sup>th</sup> @ 11am

**Game Dates:** September 10, 17, 24 and October 1, 8, 15, 22.  
Wednesday October 26<sup>th</sup> is championship night played under the lights on Akin Field from 6-9pm.

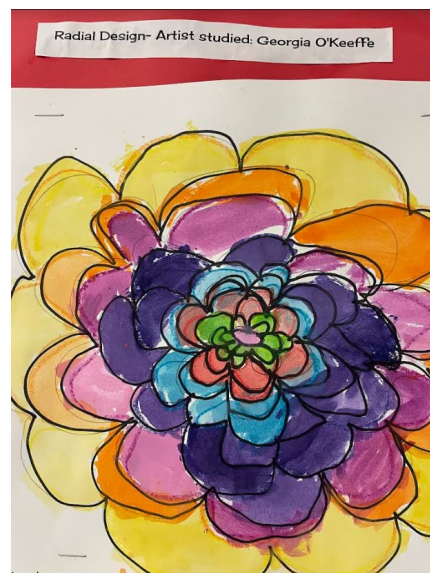
**Cost :** \$75 per player - \$25 Shiocton schools contribution = \$50/player responsibility.  
\$100 multi player family - \$25 Shiocton schools contribution = \$75/family responsibility.  
Includes t-shirt uniform.

**Coaches:** We need volunteers to coach. This year all coaches will meet and select their team roster. Coaches set the practice schedule.

**REGISTRATION DEADLINE IS AUGUST 7<sup>TH</sup>**

**Sign-ups will be Monday, August 1st from 530-800pm @ Wild River Pizza Pub.**

Otherwise call or text Casie Korth @ 920-585-2650 if unable to make the in-person sign-up date.





**\*\*Menu subject to change without notice\*\***

**Breakfast prices: 4K-12— \$1.40 per day**

**Lunch prices: 4K-8—\$2.60 per day**

**9-12—\$2.85 per day**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Chocolate Muffin, Apple Cinnamon Muffin, Fruit, Juice, Milk	Chat Stix Graham Crackers, Trix Yogurt, French Toast Sticks, Pancake Wraps, Apple Frudels, Fruit, Juice, Milk	Choice of whole grain Cereal, French Toast Sticks, Pancake Wraps, Pancakes, Fruit, Juice, Milk		
<b>29</b>	Cheese Pizza Slice, Seasoned Green Beans, Chilled Mandarin Oranges, Milk	<b>30</b> Chicken Tenders, Mashed Potatoes, Seasoned Broccoli, Fresh Apples, Rice Krispy Treat, Milk	<b>31</b> Build Your Own Cheeseburger, Baked Beans, Goldfish Crackers, Sliced Pears, Milk		

